

**Orders and money due:
Friday, June 13th, 2008**



There is no finish line.



**Men's &
Women's
Team Uniform
Catalog**
Summer 2008

Email Orders To: FLRTwins@aol.com

TEAM ELIGIBILITY

There are two levels of participation. Your level of commitment to the team will determine which level of participation you can participate in; Level One or Level Two.

PARTICIPATION LEVEL:

- **Level One:** If you are an infrequent racer for Front Line; maybe doing Crim this year and Chicago a few years back (or something like that.) you would be a Level One Participant. You will be eligible to purchase the team singlet and also receive a Dryscience Tech T-Shirt. You're getting a \$49 retail value for \$16
- **Level Two:** You race for Front Line in at least two team competitions per year and want to take full advantage of everything Mizuno has to offer. You can order everything from the Catalog including up to five pairs of training shoes in a 12 month period and two pairs of racing shoes. (This spring - 3 pairs of trainers and 1 pair of racers).*

The expectation is that **Level Two** runners will wear team Mizuno gear in ALL RACES, whether it is a Front Line team competition or not. This could either be the singlet or other Mizuno / Front Line items. Getting our name and the Mizuno name out there is what makes this program tick.

*If you did not race for us twice in the past year - but have raced at least five times in the past, email Fred Vanhala: RelayFred@aol.com regarding Level Two participation.)

Men's & Women's Team Uniform



FLRT Model: Julie Winter

Team Singlet: White / Navy

Split Shorts: Navy

FLRT Logo: Navy

Free Team Shirt



Dryscience Dryscience

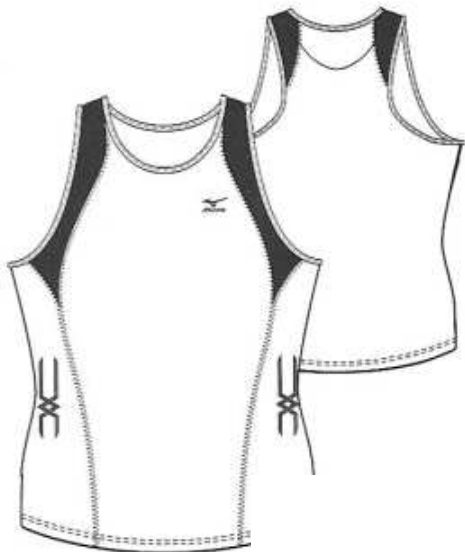
Soft, micro-fiber yarn, with serious moisture management construction, resulting in a silky fabric that rapidly moves moisture away from the body for fast evaporation and cooling. Due to the smooth surface of the fabric, Dryscience® doesn't cling to the body, reducing friction and stress, offering luxurious feel with moisture management capabilities to keep you dry, comfortable, and cool.

Every team member ordering a team singlet will receive a free Dryscience Tech Tee

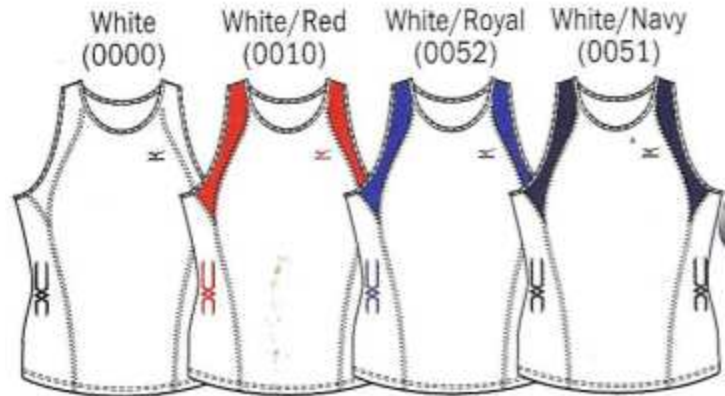
(PARTICIPATION LEVEL WILL BE VERIFIED)

Men's & Women's Team Singlet

Required



White/Black
(0090)



Team Color:
White/Navy

Team Singlet

SIZE XS-XL
SRP **\$23.99** F0051R
STYLE NO. **420465**

Size:

Women's running slightly
smaller than true size

MATERIAL:

- 100% Mizuno DRYSCIENCE® Polyester, 120 gm

FEATURES:

- Mizuno DRYSCIENCE® for rapid moisture evaporation
- 4 needle flat lock stitching
- Anti-abrasion labeling
- Room for team name



Dryscience

FLRT Team

****Limited men's singlet on back order until September**
(must order now)**

**Price:
\$16.00**

Items may be purchased based on availability

Men's & Women's Team Short



Black
(9090)

Team Split Short

SIZE XS-XL
SRP **\$23.99** F0051R
STYLE NO. **420466**

MATERIAL:

- 100% Microfiber Polyester Shell
- MzO™ Crepe Brief

FEATURES:

- Lightweight shell fabric
- Moisture management brief
- Modified split
- Drawcord waist
- Anti-abrasion labeling
- 2" inseam, 10" outseam



MzO



Red
(1010)



Royal
(5252)



Navy
(5151)

Team Color:
Navy

Size:

Men's running slightly
larger than true size

Team Color:
Navy

FLRT Team

Price:

\$14.00

Items may be purchased based on availability

Men's & Women's Team Short

Team Basic Short

SIZE XS-XL
SRP **\$23.99** F0051R
STYLE NO. 420467

MATERIAL:

- 100% Microfiber Polyester Shell
- MzO™ Crepe Brief

FEATURES:

- Lightweight shell fabric
- Moisture management brief
- Drawcord waist
- Anti-abrasion labeling
- 3" inseam, 14" outseam



MzO



Black
(9090)



Red
(1010)



Royal
(5252)



Navy
(5151)

Team Color:
Navy

Team Color:
Navy

FLRT Team
Price:
\$14.00

Items may be purchased based on availability

Men's & Women's Team Jacket



Team Jacket STYLE NO. 420538

SIZE S-XXL
SRP **\$51.99** F0523R

MATERIAL:

- 100% Windlite™ Polyester Micro-Fiber Shell
- 100% Polyester Mesh Lining

FEATURES:

- Wind and water resistant
- Full zip
- D.F. CUT™ collar and sleeve
- Mesh breathable lining
- Side zipper pockets
- Drawcord waist
- Embroidered "Runbird" logo

Team Color:

Navy

Size:

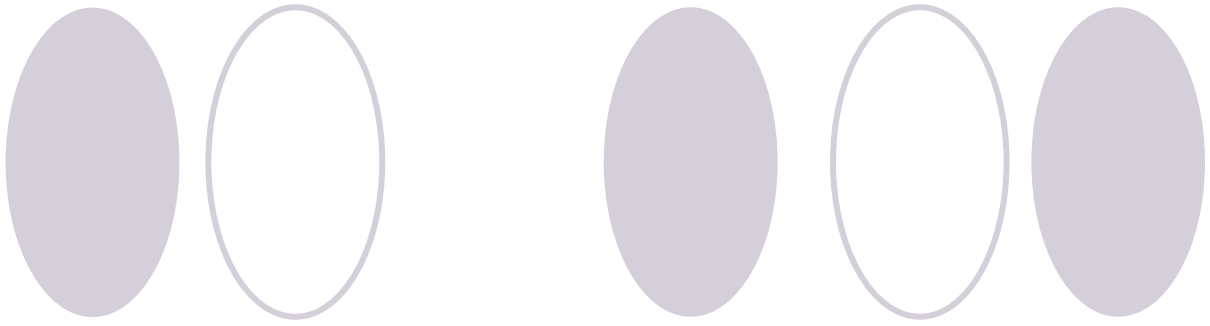
**Running slightly larger
than true size**

FLRT Team

Price:

\$30.00

Items may be purchased based on availability



WOMEN'S APPAREL

Women's 2008



Rider 1/2 Zip Tee
Marine/Navy (5A51)



Legend Sleeveless
Marine/Lemonade (5A3A)



Colt Sport Bra
Marine/Lemonade (5A3A)



Creation Singlet
White/Marine (005A)



Rider Tee
Lemonade/Navy (3A51)



Meridian Skirt
Navy/Marine (515A)



Maverick Short
Navy/Marine (515A)



Jinx Sport Top
Marine/Lemonade (5A3A)



Mustang Short
Marine/Navy (5A51)



WAVE[®] NIRVANA™ 4



Inspire Short
Navy/Marine (515A)



Meridian Tee
Marine (5A5A)



Ascend Short
Navy/Marine (515A)



Exodus 3/4
Navy/Marine (515A)

Email: FLRTwins@aol.com
for FLRT Team Price
listed on this page

Items may be purchased based on availability

Women's 2008



Meridian Hoodie
Black/Coral (9024)



Aero Tee
Coral/Zinnia (2424)



Nexus Support Bra
Coral (2424)



Legend Sleeveless
Coral/Black (2490)



Echo MP3 Tee
White/Lunar (0097)



Meridian Skirt
Black/Coral (9024)



Maverick Short
Black/Coral (9024)



Meridian Sport Top
Coral (2424)



Mustang Short
Black/Coral (9024)



WAVE CREATION™ 9



Inspire Short
Black/Coral (9024)



Renegade 1/2 Zip
White/Coral (0024)



Ascend Short
Black (9090)



Meridian Capri
Black/Coral (9024)

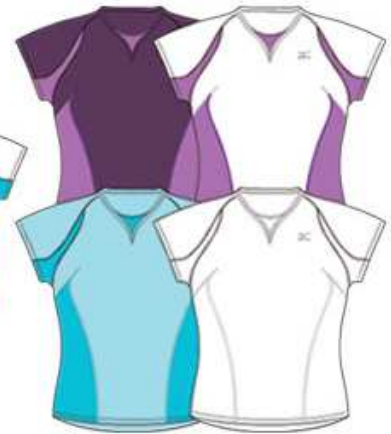
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for FLRT Team Price
listed on this page

Items may be purchased based on availability

Women's Tops



RIDER TEE



Overview

Options

Material

- 100% Mizuno DRYSCIENCE® Polyester, 130 gm

Features

- Mizuno DRYSCIENCE® for rapid moisture for rapid moisture evaporation
- Honeycomb textured fabric for anti-stick
- 4 needle flat lock stitching
- Anti-abrasion labeling
- D.F.Cut™ design for less friction
- Reflective logo and accents on front and back
- Back storage pocket

Color:
White/Blue

FLRT Team
Price:
\$18.00

Items may be purchased based on availability

Women's Tops



Women's
Jinx Sport Top



Material

- 92% Polyester, 8% Spandex®
- 237 gm
- 100% MzO™ Liner

Features

- Moisture management
- Internal adjustable support bra for medium support
- Anti-abrasion labeling
- Reflective logo and accents front and back
- Back zipper storage pocket

Color:
Marine/Lemonade

FLRT Team
Price:
\$20.00

Items may be purchased based on availability

Women's Bra

COLT SPORT BRA



Overview

Options

Material

- 92% Polyester, 8% Spandex®
- 246 gm
- 100% MzO™ Liner

Features

- Moisture management
- Medium Support
- Anti-abrasion labeling
- Reflective logo
- Stretch mesh inserts

Color:

Lapis/Black,
Blue/Slate,
Cream/Charcoal,
Plum/Cranberry

FLRT Team

Price:

\$18.00

Items may be purchased based on availability

Women's Jacket



Women's
Meridian Hoodie

Material

- 92% Polyester / 8% Spandex® 237 gm

Features

- Drylite™ moisture management fabric for increased comfort
- Contrasting piping
- Stretch mesh inserts
- Front cargo pockets
- Reflective logo and accents front and back

Color:
Black/Coral
Navy/Marine

**FLRT Team
Price:
\$30.00**

Items may be purchased based on availability

Women's Short



INSPIRE SHORT TIGHT



Material

- 92% Polyester/ 8% Spandex®
- 246 gm

Features

- MzO® moisture management fabric
- 4 Needle flat lock stitching
- D.F. Cut™ design
- Stretch mesh inserts
- Back storage pocket
- Reflective logo
- Gusset crotch

Color:
Navy/Marine
Black/Coral
Black
Navy

**FLRT Team
Price:
\$18.00**

Items may be purchased based on availability

Women's Tight

WILDWOOD TIGHT



Overview

Options

Material

- 92% Polyester / 8% Spandex[®]
- 246 gm

Features

- MzO[®] moisture management fabric
- 4 Needle flat lock stitching
- D.F. Cut[™] design
- Reflective accents
- Locking leg zippers with zipper guard
- Back storage pocket

Color:

Slate/Blueberry
Black
Cranberry/Plum

FLRT Team

Price:

\$22.00

Items may be purchased based on availability

Women's Team Pant



Black
(9090)



Red (1010) Royal (5252) Navy (5151)

Team Pant

SIZE XS-XL)
SRP **\$45.99** F5782R
STYLE NO. **440248**

MATERIAL:

- 100% MzW™ Polyester Micro-Fiber Shell
- 100% Polyester Mesh Lining

FEATURES:

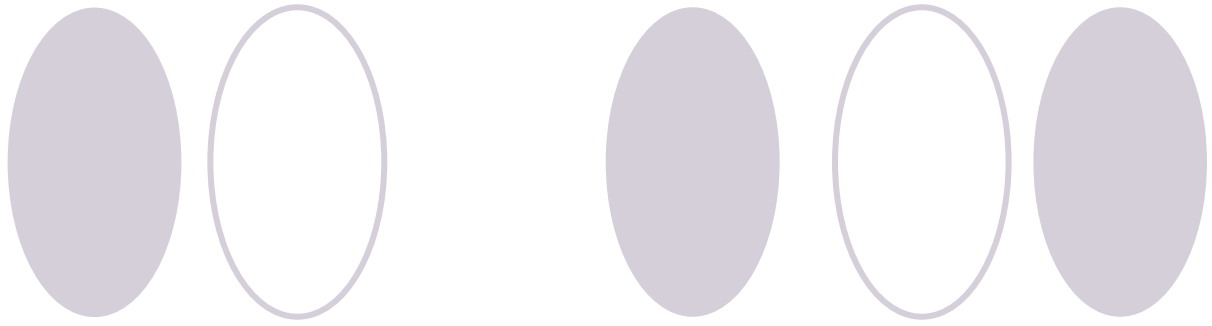
- Wind and water resistant
- Pull on waist with drawcord
- D.F. CUT™ design
- Side zipper pockets
- Leg zippers, for easy on and off
- Embroidered "Runbird" logo



Team Color:
Navy

FLRT Team
Price:
\$23.00

Items may be purchased based on availability



MEN'S APPAREL

Men's 2008



Zip Free Jacket
Lunar (9797)



Echo MP3 Tee
White/Lunar (0097)



Legend Sleeveless
Navy/Tango Red (5110)



Creation Singlet
White/Tango Red (0010)



Rider Tee
Navy/Tango Red (5110)



Mustang Short
Navy (5151)



Aero Tee
Navy/Lunar (5197)



Maverick Short
Navy (5151)



Maverick Short
Tango Red/Navy (1051)



Renegade 1/2 Zip Tee
White/Tango Red (0010)



WAVE CREATION 9



Ascend Short
Navy (5151)



Ascend Short
Navy/Lunar (5197)



Inspire Mid Tight
Navy/Tango Red (5110)



Mustang Short
Navy/Tango Red (5110)

Email: FLRTwins@aol.com
for FLRT Team Price
listed on this page

Items may be purchased based on availability

Men's 2008



Training Jacket
Lunar/Black (9790)



Aero Tee
White/Sulphur (0035)



Legend Sleeveless
Lunar/Black (9790)



Creation Singlet
White/Sulphur (0035)



Rider Tee
Lunar/Black (9790)



Mustang Short
Black (9090)



Echo MP3 Tee
Sulphur/Black (3590)



Maverick Short
Black/Sulphur (9035)



Maverick Short
Black (9090)



Rider 1/2 Zip Tee
Black/Sulphur (9035)



WAVE[®] NIRVANA™ 4



Ascend Short
Black/Lunar (9097)



Ascend Short
Black (9090)



Inspire Mid Tight
Black/Sulphur (9035)



Mustang Short
Black/Sulphur (9035)

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listed on this page

Items may be purchased based on availability

Men's Tops



RIDER TEE



Color:
White/Blue

Material

- 100% Mizuno DRYSCIENCE® Polyester, 130 gm

Features

- Mizuno DRYSCIENCE® for rapid moisture for rapid moisture evaporation
- Honeycomb textured fabric for anti-stick
- 4 needle flat lock stitching
- Anti-abrasion labeling
- Reflective logo and accents on front and back
- D.F.Cut™ design for less friction
- Back storage pocket

FLRT Team
Price:
\$18.00

Items may be purchased based on availability

Men's Tops



Men's
Rider 1/2 Zip Tee

Material

- 100% Mizuno DRYSCIENCE® Polyester, 130 gm

Features

- Mizuno DRYSCIENCE® for rapid moisture evaporation
- Textured fabric inside for anti-stick
- 4 needle flatlock stitching
- Anti-abrasion labeling
- Reflective logo and accent front and back
- Locking zip front with zipper guard
- UPF 50

Color:

Black/Sulphur
Tango Red/Lunar

FLRT Team

Price:

\$20.00

Items may be purchased based on availability

Men's Team Pant



Black
(9090)

Team Pant

ITEM NO. 420539

SIZE: S-XL

PRICE: \$45.99

MATERIAL:

- 100% WindLite™ Polyester Micro-Fiber Shell
- 100% Polyester Mesh Lining

FEATURES:

- Wind and water resistant
- Pull on waist with drawcord
- D.F. CUT™ design
- Side zipper pockets
- Leg zippers, for easy on and off
- Embroidered "Bundard" logo



Red
(1310)

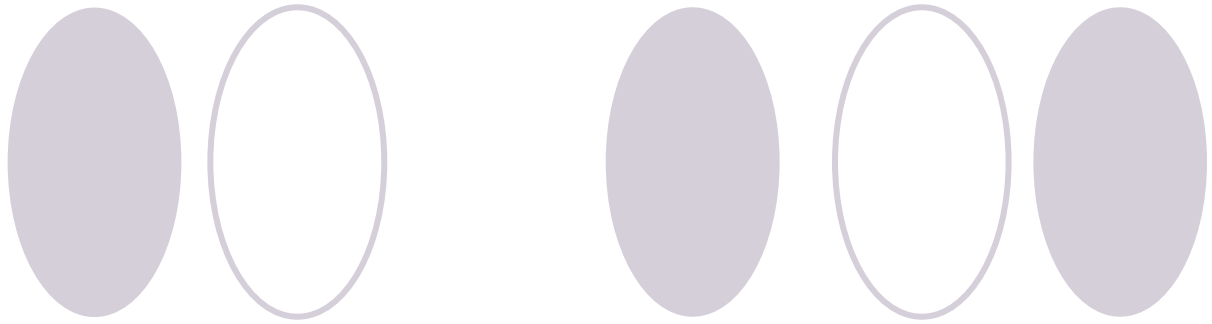
Royal
(5252)

Navy
(5151)

Color:
Navy

**FLRT Team
Price:
\$23.00**

Items may be purchased based on availability



ACCESSORIES & SHOES

Price listed is for both Men's and Women's shoes

Accessories



RUNBIRD SOCK WH WHITE

FLRT Team

Price:

\$ 4.00

S, M, L



RUNBIRD PADDED SOCK WHITE WHITE

FLRT Team

Price:

\$ 4.00

S, M, L



COOL ANKLET

FLRT Team

Price:

\$ 5.00

S, M, L, XL



SHOE BAG

FLRT Team

Price:

\$ 8.00

**Black, Red,
Navy, Royal Blue**

Items may be purchased based on availability

Neutral Shoe

Men's
WAVE® RIDER™ 11



Women's
WAVE® RIDER™ 11



Feature	Benefits
Mizuno Wave™	SmoothRide Engineered, Composite Parallel Wave for superior shock absorption and dispersion with a great transition to boot.
SmoothRide™	Engineering approach to minimize the rapid acceleration and deceleration of the foot during transition, creating the smoothest ride possible.
AP Mid Sole	Lightweight, responsive, yet durable cushioning copolymer.
VS-1	Shock-absorbing cushioning compound found in the heel .
Mizuno Intercool	Full-length midsole ventilation system reduces heat and humidity build-up inside the shoe.
AIRMesh	Provides the utmost in breathability and comfort of the upper.
X-10™	The most durable carbon rubber that allows for longer wear in high impact areas and supplements traction at heel strike.
Dynamotion Fit	Developed in Mizuno's Sozo Studio, Dynamotion Fit™ is the next generation of design technology to maximize fit and performance in athletic footwear. By extensive study of the foot in motion, Mizuno discovered that traditional footwear distorts in the collar and heel during the gait cycle resulting in heel slippage and a poor fit. Dynamotion Fit relieves the stress the foot naturally places on footwear - eliminating distortion for a perfect fit.

FLRT Team

Price: 27

\$42.00

Items may be purchased based on availability

Neutral Shoe

Men's
WAVE® PRECISION™ 8



Women's
WAVE® PRECISION™ 8



Feature	Benefits
Mizuno Wave™	SmoothRide Engineered, Rubber Parallel Wave provides optimal cushioning and flexibility for the high-arched rigid foot type.
SmoothRide	Engineering approach to minimize the rapid acceleration and deceleration of the foot during transition creating the smoothest ride possible.
AP MidSole	Lightweight, responsive, yet durable cushioning copolymer.
AIRMesh	Provides the utmost in breathability and comfort of the upper.
X-10™	The most durable carbon rubber that allows for longer wear in high impact areas and supplements traction at heel strike.

FLRT Team

Price: 28
\$38.00

Items may be purchased based on availability

Support Shoe

Men's
WAVE® INSPIRE™ 4



Women's
WAVE® INSPIRE™ 4



Feature	Benefits
Mizuno Wave™	SmoothRide Engineered, Composite Double Fan Wave provides the perfect blend of support and cushioning in a package that transitions like no other.
SmoothRide™	Engineering approach to minimize the rapid acceleration and deceleration of the foot during transition, creating the smoothest ride possible.
AP Mid Sole	Lightweight, responsive, yet durable cushioning copolymer.
VS-1	Shock-absorbing cushioning compound found in the heel .
Mizuno Intercool	Full-length midsole ventilation system reduces heat and humidity build-up inside the shoe.
AIRMesh	Provides the utmost in breathability and comfort of the upper.
X-10™	The most durable carbon rubber that allows for longer wear in high impact areas and supplements traction at heel strike.
Dynamotion Fit	Developed in Mizuno's Sozo Studio, Dynamotion Fit™ is the next generation of design technology to maximize fit and performance in athletic footwear. By extensive study of the foot in motion, Mizuno discovered that traditional footwear distorts in the collar and heel during the gait cycle resulting in heel slippage and a poor fit. Dynamotion Fit relieves the stress the foot naturally places on footwear - eliminating distortion for a perfect fit.

FLRT Team

Price: 29

\$42.00

Items may be purchased based on availability

Support Shoe

Men's
WAVE® ELIXIR™ 3



Women's
WAVE® ELIXIR™ 3



Feature	Benefits
Mizuno Wave™	SmoothRide Engineered, Composite Double Fan Wave provides the perfect blend of support and cushioning in a low-profile, lightweight package.
SmoothRide	Engineering approach to minimize the rapid acceleration and deceleration of the foot during transition, creating the smoothest ride possible.
AP Mid Sole	Lightweight, responsive, yet durable cushioning copolymer.
AIRMesh	Provides the utmost in breathability and comfort of the upper.
X-10™	The most durable carbon rubber that allows for longer wear in high impact areas and supplements traction at heel strike.
G3 Sole	Combination solid rubber/blown rubber forefoot outsole design for cushioning, flexibility, and durability.
Dynamotion Fit	Developed in Mizuno's Sozo Studio, Dynamotion Fit™ is the next generation of design technology to maximize fit and performance in athletic footwear. By extensive study of the foot in motion, Mizuno discovered that traditional footwear distorts in the collar and heel during the gait cycle resulting in heel slippage and a poor fit. Dynamotion Fit relieves the stress the foot naturally places on footwear - eliminating distortion for a perfect fit.

FLRT Team

Price: 30
\$44.00

Items may be purchased based on availability

Control Shoe

Men's
WAVE® ALCHEMY™ 7



Women's
WAVE® ALCHEMY™ 7



Feature	Benefits
Mizuno Wave	SmoothRide Engineered, Composite Double Fan Wave provides the perfect blend of control and cushioning while providing an unsurpassed ride.
SmoothRide	Engineering approach to minimize the rapid acceleration and deceleration of the foot during transition, creating the smoothest ride possible.
AP Mid Sole	Lightweight, responsive, yet durable cushioning copolymer.
VS-1	Shock-absorbing cushioning compound found in the heel .
Mizuno Intercool	Full length midsole ventilation system reduces heat and humidity build-up inside the shoe.
AirMesh	Provides the utmost in breathability and comfort of the upper.
X10	The most durable carbon rubber that allows the longer wear in high impact areas and supplements traction at heel strike.

FLRT Team

Price: 31
\$44.00

Items may be purchased based on availability

Track & Field



Men's
WAVE® KAZE™ 3



Women's
WAVE® KAZE™ 3



Feature	Benefits
Mizuno Wave®	Parallel Wave configuration allows Mizuno to create a lightweight yet supportive platform for the rigors of Cross-Country running and racing.
AP Mid Sole	Lightweight, responsive, yet durable cushioning copolymer.
Fit Straps	Increases efficiency through an enhanced fit.

****add 'spike' or 'dimple' on order form****

**FLRT Team
Price:
\$ 38.00**

32

Items may be purchased based on availability



Order Process

- Submit Order Form via email to: *FLRTwins@aol.com* or mail below
- Available forms of payment:
 - PayPal to *FLRTwins@aol.com* or
 - Checks made to: **Front Line Racing Team** Please mail payment to:
5949 High Pointe Court, Brighton, MI 48116
- Order questions or concerns please call:
Theresa Padilla: 734/395-7702 or email FLRTwins@aol.com
- Shipping can be arranged for an additional cost or can be picked up at the next FLRT race.
- Note: All orders must be pre-paid. Orders must be picked up at specified race on the order form or additional charges will apply for shipping to address listed.

*****PAYMENT MUST BE RECEIVED
BEFORE DEADLINE*****

Shipping Costs

Pick Up at Race

# Apparel Items:	Shipping Cost:
1	\$5.00
2	\$6.00
3	\$7.00
4	\$8.00
5	\$9.00
6	\$10.00
7	\$11.00
8	\$12.00

Upcoming Races:

- Crim (Saturday, August 23rd)
- Kensington Challenge (Saturday, September 27th)

+

# Pair of Shoes:	Shipping Cost:
1	\$7.00
2	\$9.00
3	\$11.00

**Orders and money due:
Friday, June 13th, 2008**

Shipping Costs

Ship to Address

# Apparel Items:	Shipping Cost:
1	\$8.00
2	\$9.50
3	\$11.00
4	\$12.50
5	\$14.00
6	\$15.50
7	\$17.00
8	\$18.50

+

# Pair of Shoes:	Shipping Cost:
1	\$14.00
2	\$17.50
3	\$21.00

IMPORTANT:

- Please add Ship To Address on the Order Form

**Orders and money due:
Friday, June 13th, 2008**